

## National Trust Press Release

Issued on 5 June 2023

### Swing into summer with the National Trust in Cornwall

[www.nationaltrust.org.uk/visit/cornwall](http://www.nationaltrust.org.uk/visit/cornwall)

Across Cornwall, National Trust places are alive with the promise of warm summer days, lazy weekend picnics and trips out with family and friends. There's loads on offer this season, from archaeological tours to archery lessons and garden tours to beach cleans and much more fun.

What's more, every time you experience a National Trust day out, you help care for these special places for future generations.

Here is what's happening near you this summer, please check property website for opening days and times:

#### Antony

[www.nationaltrust.org.uk/visit/cornwall/antony](http://www.nationaltrust.org.uk/visit/cornwall/antony)

##### Antony Bingo!

**Every Tue, Wed, Thu & Sun to 13 Jul. 12 – 5pm**

Use your bingo card to find 20 objects around the house and garden. Challenge your family and friends to see who can complete their bingo card the quickest. Don't forget to shout 'bingo' once you have completed your sheet and head to Visitor Welcome to collect your sticker reward

**Price:** Free (normal admission applies). Booking not required.

##### Summer of Play at Antony

**Every Tue, Wed, Thu & Sun from 16 Jul to 31 Aug. 12 – 5pm**

Head to Antony this summer for days out jam-packed with fun for all the family. See who can build the best den, complete the obstacle course the quickest or win at a game of tennis.

**Price:** Free (normal admission applies). Booking not required.

#### Cotehele

[www.nationaltrust.org.uk/visit/cornwall/cotehele](http://www.nationaltrust.org.uk/visit/cornwall/cotehele)

##### Pondlife! At Cotehele Quay

**Sat 3 Jun, Sat 1 Jul & Sat 5 Aug. 10am – 1pm**

Join us as we hunt for the creatures which live in (and on!) the pond. Watch the water closely, or have a go at pond dipping, and identify any insects, fish, or amphibians you may find. First come first served as limited space on the pond platform.

**Price:** Free. Booking not required.

#### Glendurgan

[www.nationaltrust.org.uk/visit/cornwall/glendurgan-garden](http://www.nationaltrust.org.uk/visit/cornwall/glendurgan-garden)

##### Beach clean

**Sun 16 Jul. 11.30am – 1.30pm**

We have collaborated with One Bag Beach Clean and Plastic Free Helford River to carry out a beach clean in the North Helford countryside. Gloves, bags and litter-pickers are provided. All you need to bring is your enthusiasm to help for a couple of hours. We will finish the beach clean at the fish cellar, where there will be tea, coffee and cake.

**Price:** Free. Booking not required.

##### Meet Anna Maria Fox

**Wed 14 Jun & Wed 30 Aug. 11 – 11.30am & 2 – 2.30pm**

Step back in time and meet Quaker Anna Maria Fox, the niece of Alfred and Sarah Fox who began Glendurgan in the 1820s. Drawing on stories from the journals of Anna Maria's siblings, Barclay and Caroline as well as the poetry of Charles Fox of Glendurgan, Anna Maria's performance provides a fascinating insight into the lives of the famous Quaker Fox Family of Falmouth.

**Price:** Free (normal admission applies). Booking not required.

## Godolphin

[www.nationaltrust.org.uk/visit/cornwall/godolphin](http://www.nationaltrust.org.uk/visit/cornwall/godolphin)

### Guided estate walks

**Every Mon. 10.45am – 1pm**

Learn more about the mining history of Godolphin and explore the wider estate with volunteer guided walks taking place every Monday.

**Price:** Free (normal admission applies). Booking not required.

## Lanhydrock

[www.nationaltrust.org.uk/visit/cornwall/lanhydrock](http://www.nationaltrust.org.uk/visit/cornwall/lanhydrock)

### Rhododendrons & Camellias in bloom

**Daily to Fri 30 Jun. 10.30 am – 5pm**

The rhododendrons and camellias are putting on a spectacular show in the Lanhydrock garden so now is the time to enjoy a walk in the late spring sunshine. You can find varieties including 'Westminster' and 'Blue Peter' all around the formal, higher and woodland gardens.

**Price:** Free (normal admission applies). Booking not required.

### Lanhydrock Summer of Play

**Daily from Sat 22 Jul. 10.30am-5pm**

The Lanhydrock gardens are being transformed into a family play hub for the summer. There are lawn games and giant building blocks on the old tennis court, a specially constructed barefoot trail in the parterre and a magical music circle in front of the house. Take part in a family sack race, dress up in the theatre room or enjoy a picnic and some cloud-spotting on the formal lawns. Catch Mrs Candy the cook and the other Victorian staff around the house and garden every Thursday to learn about life in the Victorian country house. Look out for Friday storytelling sessions in the nursery and garden, subject to availability.

**Price:** Free (normal admission applies). Booking not required.

### Pot and Paint Workshops with the Victorian Gardener

**Subject to availability, every Fri throughout the holidays (7 days in total)**

Join William the Victorian gardener for a children's pot and paint workshop every Friday throughout the school holidays. Learn about gardening the Victorian way and discover some of the wonderful plants and trees that grow in the Lanhydrock garden. Decorate your very own terracotta pot and plant seeds ready to grow at home. Please contact the property first to see if the event is scheduled, to avoid disappointment.

**Price:** £5 (normal admission applies), for ages 4 and up. Booking essential 0344 249 1895.

## Roseland

[www.nationaltrust.org.uk/visit/cornwall/carne-and-pendower](http://www.nationaltrust.org.uk/visit/cornwall/carne-and-pendower)

### Pendower community beach cleans

**Mon 5 Jun, Mon 3 Jul & Mon 7 Aug. 2 – 3.30pm**

Soak in fantastic views and fresh air whilst helping to keep this beautiful beach clean. Gloves, bags and litter-pickers provided. Just bring your enthusiasm to help out for an hour or so. Please also feel free to bring your own gloves if you'd like.

**Price:** Free. Booking not required.

### Veryan Bunker tours

**Sun 25 Jun, Sun 23 July & Sun 20 Aug. 11am - 12.30pm and 1.30 - 3pm**

Join our tours by local expert Lawrence Holmes and the ROC team and hear the stories behind what went on in a nuclear bunker and the neighbouring starfish bunker. The nuclear bunker is the only preserved ROC nuclear bunker in the south west open to the public on a regular basis and the decoy command bunker is the only known preserved one of its type in the UK. Together they make Veryan Bunkers a unique site to visit.

**Price:** £5. Booking essential 01872 501062.

[www.nationaltrust.org.uk/visit/cornwall/the-dodman](http://www.nationaltrust.org.uk/visit/cornwall/the-dodman)

**Hemmick beach cleans**

**Sat 3 Jun, Sat 1 Jul & Sat 5 Aug. 10-11am**

Can you spare an hour or so to help us keep Hemmick beach looking beautiful, and safer for wildlife? Gloves, bags and litter pickers provided. Please also feel free to bring your own gloves if you'd like.

**Price:** Free. Booking not required.

[www.nationaltrust.org.uk/visit/cornwall/porth](http://www.nationaltrust.org.uk/visit/cornwall/porth)

**Porthcurnick community beach cleans**

**Mon 5 Jun, Mon 3 Jul & Mon 7 Aug. 10 – 11am**

Soak in fantastic views and fresh sea air whilst helping to keep this beautiful beach clean. Gloves, bags and litter-pickers provided. Just bring your enthusiasm to help out for an hour or so. Please also feel free to bring your own gloves if you'd like.

**Price:** Free. Booking not required.

[www.nationaltrust.org.uk/visit/cornwall/st-anthony-head](http://www.nationaltrust.org.uk/visit/cornwall/st-anthony-head)

**St Anthony Battery unearthed**

**Sun 6 Aug. 11am – 12.30pm and 1.30 – 3pm**

Hidden under tons of earth for decades, the battery at St Anthony Head was pretty forgotten. Now it's opened up again you can come and find out about the history of the place, going back through different threats of invasion up to when it was finally decommissioned. Suitable for people of all ages.

**Price:** Suggested donation of £5. Booking essential 01872 501062.

**Trelissick**

[www.nationaltrust.org.uk/visit/cornwall/trelissick](http://www.nationaltrust.org.uk/visit/cornwall/trelissick)

**Great Big Green Week Tours**

**For dates and times please visit the website**

To celebrate the Great Big Green Week join us on a tour of the outside of the house and parts of the house that rarely get seen to get an understanding of how our ground source heating has transformed Trelissick.

**Price:** Free, donations welcome (normal admission applies). Booking not required.

**Big Butterfly Count at Trelissick**

**14 Jul – 6 Aug. 10am – 4.30pm**

Help the Butterfly Conservation take nature's pulse by joining the Big Butterfly Count. How many different species will you be able to identify? We'll provide recording sheets for your sightings, and this will help us assess the health of the environment.

**Price:** Free (normal admission applies). Booking not required.

**Summer of Play at Trelissick**

**Daily from 26 Jul. 10am – 4.30pm**

Visit Trelissick with your friends and family this summer to take part in the Summer of Play activities including a nature trail around the garden, summer sports, garden games, puzzles and crafts. Have a go at the garden games on the turning circle such as quoits, skittles and boules and venture into the house to view the traditional games that the family used to enjoy playing together at Trelissick. After a day of play relax on a deckchair on the terrace with an ice cream from the kiosk.

**Price:** Free (normal admission applies). Booking not required.

**Archery at Trelissick**

**31 Jul & 7, 14, 18, 21, 25, 28 Aug, 10.30am-12.30pm & 1.30pm-3.30pm**

Try your hand at archery at Trelissick this summer. A coach and Trelissick volunteers will be on hand to show you the basics of handling a bow and hitting the target - you'll be scoring bulls-eyes in no time!

**Price:** Free (normal admission applies). Booking not required.

## **Trengwainton**

[www.nationaltrust.org.uk/visit/cornwall/trengwainton-garden](http://www.nationaltrust.org.uk/visit/cornwall/trengwainton-garden)

### **Trengwainton's summer of family fun**

**Daily from Sun 23 Jul. 10am – 5pm**

Get set for family fun at Trengwainton with our Summer of play activities. We've lots of fun things for you to do in the orchard and on the Royal Meadow including giant Jenga, tug o' war, loose parts play and design your own story. There's den building in the woods on Sundays, Tuesdays and Thursdays and the annual scarecrow exhibition in the kitchen garden, with a chance for you to vote for your favourite. Alternatively, simply soak up the atmosphere of the winding paths, streams, walled gardens and award-winning plant collection.

**Price:** Free (normal admission applies). Booking not required.

## **Trerice**

[www.nationaltrust.org.uk/visit/cornwall/trerice](http://www.nationaltrust.org.uk/visit/cornwall/trerice)

### **Archaeological tour of Trerice**

**2, 16, 30 Jun, 14 & 28 Jul, 25 Aug. 2.30 – 3.30pm**

You can learn about the archaeological and architectural history of Trerice on an hour long guided tour of the gardens. Find out about key features of the property and how they have changed over time, as well as archaeological digs and finds across the whole site.

**Price:** Free (normal admission applies). Booking not required.

### **Costume Day at Trerice**

**Every Mon from 24 Jul to 28 Aug. 11am – 3pm**

Join in with our volunteers and get the whole family dressed up in Tudor-inspired costumes made by the volunteer costume group here at Trerice. There is something fit for everyone, not just the kids!

**Price:** Free (normal admission applies). Booking not required.

### **Archery at Trerice**

**Every Thu from 27 Jul to 31 Aug. 11am – 3pm**

Have a go at family archery sessions at Trerice with family-friendly arrow kits and learn about different types of armour with Trerice volunteers.

**Price:** Free (normal admission applies). Booking not required.

### **Summer of Play**

**Daily from Sun 23 Jul. 10.30am – 4.30pm**

Enjoy the outdoors with our summer of play activities at Trerice. Head down to the Mowhay field to have a run around and challenge your family to an obstacle course, get up close with nature amongst the long grass and winding paths, and get creative with some outdoor crafts to take home and put in your garden.

**Price:** Free (normal admission applies). Booking not required.

## **Summer of Play with the National Trust**

[www.nationaltrust.org.uk/visit/family-friendly](http://www.nationaltrust.org.uk/visit/family-friendly)

**From 21 July 2023**

Discover a world of adventure and play this summer across many National Trust places in the South West. There'll be lots of fun for you and your family from lawn games, such as quoits and skittles, to den-building, arts and crafts to pop up sports days, costumes and role play to giant Jenga, there is something for everyone.

**Price:** Free, normal admission prices apply. Booking not required.

- ENDS -

### **Notes to editors**

**For more information please contact:** National Trust South West Press Office  
at [swcomms@nationaltrust.org.uk](mailto:swcomms@nationaltrust.org.uk)

**Images:** Available to download [here](#). To be used only in conjunction with this press release. Please see file name for caption and credit.

### **About the National Trust**

The National Trust is a conservation charity founded in 1895 by three people: Octavia Hill, Sir Robert Hunter and Hardwicke Rawnsley, who saw the importance of the nation's heritage and open spaces and wanted to preserve them for everyone to enjoy. Today, across England, Wales and Northern Ireland, we continue to look after places so people and nature can thrive.

The challenges of the coronavirus pandemic have shown this is more important than ever. From finding fresh air and open skies to tracking a bee's flight to a flower; from finding beauty in an exquisite painting or discovering the hidden history of a country house nearby - the places we care for enrich people's lives.

Entirely independent of Government, the National Trust looks after more than 250,000 hectares of countryside, 780 miles of coastline and 500 historic properties, gardens and nature reserves.

The National Trust is for everyone - we were founded for the benefit of the whole nation. We receive on average more than 26.9 million visits each year to the places we care for that have an entry fee, and an estimated 100m visits to the outdoor places that are free of charge.

Paying visitors, together with our 5.6 million members and more than 53,000 volunteers, support our work to care for nature, beauty, history. For everyone, for ever.

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