

National Trust Press Release

Issued Monday 10 July 2023

Summer of Play with the National Trust in Cornwall and Plymouth

www.nationaltrust.org.uk/visit/family-friendly

- Discover a world of adventure and play at National Trust places near you
- Mazes, den-building and pop-up sports days
- Music, performance and immersive storytelling
- No need to pre-book
- Summer of Play activities included within standard admission/FREE for National Trust members/guests of National Trust holiday cottages

Sponsored by Starling Bank the National Trust's Summer of Play invites families to experience Trust places in new and exciting ways.

Taking place over the summer school holidays and set against the backdrop of the National Trust's historic houses and beautiful gardens Summer of Play activities will have a family-festival feel.

Designated areas will be jam-packed with outdoor games and experiences. Let imaginations run wild with role play and mini stages, unlock limitless possibilities to design and build with construction zones, make art and music with nature's materials, or slip away to a cosy book nook.

Give new (and old) sports a go with games including croquet, tennis and cricket. Get competitive with tug of war and egg and spoon races. Or, put your skills to the test with den building and mazes.

Designed with families in mind Summer of Play activities will be dotted around National Trust sites, so there'll be plenty of space to enjoy the games and activities as well as picnicking spots, shady rest areas and of course, toilets, cafes and pop-up kiosks offering refreshing food and drink.

What's more, every time you experience a National Trust day out, you help care for these special places for future generations.

Here is what's happening near you this summer, please check property website for opening days and times:

Antony, Torpoint

www.nationaltrust.org.uk/visit/cornwall/antony

Summer of Play

21 July – 3 September

Head to Antony for jam-packed fun for all the family. Build a den, complete the obstacle course or enjoy a game of tennis. After a day of play, treat yourself to an ice-cream and relax with a picnic in the beautiful garden at Antony.

Normal admission charges apply/free for National Trust members

No additional event charges

Buckland Abbey, Yelverton, Devon

www.nationaltrust.org.uk/visit/devon/buckland-abbey

- Summer of Play 22 July – 3 September
- Tudor sports, role play, dressing up and mini stage
- Elizabethan Weekend, 22–23 July, Tudor games, Falconry displays and demonstrations of Tudor life including cooking

There is plenty to discover at Buckland Abbey and this summer there will be even more to explore as you enter a Tudor themed Summer of Play. From the 22 July you will be able to immerse yourself in Tudor and nature themed activities across the gardens and inside the Great Barn and Abbey. Designed to give everyone a chance to access the past there will be Tudor sports, an opportunity to act and dance Elizabethan style on the mini stage and be inspired by Tudor cooking in the sand kitchen on the Abbey lawn. Visitors can pop to the Abbey for a peaceful moment and visit the 'book nook' where they can read a story, create their own or listen to a storyteller. We'll be kicking things off with an Elizabethan Weekend on 22 and 23 July which will host Tudor games, Falconry displays and demonstrations of Tudor life including cooking. While inside the Abbey follow over 700 years of footsteps; from the Cistercians who built the Abbey and farmed the estate, to seafarers Grenville and Drake who changed the shape of the house and the fate of the country.

Normal admission charges apply/free for National Trust members

No additional event charges

Cotehele, near Saltash

www.nationaltrust.org.uk/visit/cornwall/cotehele

Summer of Play

22 July – 3 September

Explore the garden and orchards at Cotehele this summer. Challenge the family to a race around the orchard or why not get creative in the performance area? How about seeing who can build the tallest tower? Or who can throw the most bean bags at a game of corn hole? Visitors can enjoy an ice-cream from The Edgcumbe at the quay, Barn Restaurant and Mill Reception or relax in a shady picnic spot in the garden or across the estate.

Normal admission charges apply/free for National Trust members

No additional event charges

Pondlife! At Cotehele Quay

Sat 3 Jun, Sat 1 Jul & Sat 5 Aug. 10am – 1pm

Join us as we hunt for the creatures which live in (and on!) the pond. Watch the water closely, or have a go at pond dipping, and identify any insects, fish, or amphibians you may find. First come first served as limited space on the pond platform.

Normal admission charges apply/free for National Trust members

No additional event charges

Glendurgan, near Falmouth

www.nationaltrust.org.uk/visit/cornwall/glendurgan-garden

Summer at Glendurgan

22 July – 3 September

Navigate your way through the cherry laurel maze and see who can make it to the thatched summerhouse in the centre first, become airborne on the Giant's Stride and journey through the exotic wooded valley that leads down to the River Helford.

Travel around the world of plants at Glendurgan on the Plant Collectors trail and head to the orchard for garden games, bug hotel making and poem writing.

Normal admission charges apply/free for National Trust members

No additional event charges

Beach clean

Sun 16 Jul. 11.30am – 1.30pm

We have collaborated with One Bag Beach Clean and Plastic Free Helford River to carry out a beach clean in the North Helford countryside. Gloves, bags and litter-pickers are provided. All you need to bring is your enthusiasm to help for a couple of hours. We will finish the beach clean at the fish cellar, where there will be tea, coffee and cake.

Normal admission charges apply/free for National Trust members

No additional event charges

Meet Anna Maria Fox

Wed 14 Jun & Wed 30 Aug. 11 – 11.30am & 2 – 2.30pm

Step back in time and meet Quaker Anna Maria Fox, the niece of Alfred and Sarah Fox who began Glendurgan in the 1820s. Drawing on stories from the journals of Anna Maria's siblings, Barclay and Caroline as well as the poetry of Charles Fox of Glendurgan, Anna Maria's performance provides a fascinating insight into the lives of the famous Quaker Fox Family of Falmouth.

Normal admission charges apply/free for National Trust members

No additional event charges

Godolphin, Helston

www.nationaltrust.org.uk/visit/cornwall/godolphin

Summer of Play

22 July – 3 September

Every day will be a sports day at Godolphin near Helston, with activities including archery, on Tuesday, Wednesday, Friday and Saturdays and badminton, and the classic Georgian lawn game of croquet. There will many other fun filled activities going on such as giant Jenga and windmill creations for all the family to get involved with.

Normal admission charges apply/free for National Trust members

No additional event charges

Lanhydrock, Bodmin

www.nationaltrust.org.uk/visit/cornwall/lanhydrock

Lanhydrock Summer of Play

Daily from Sat 22 Jul. 10.30am-5pm

The Lanhydrock gardens are being transformed into a family play hub for the summer. There are lawn games and giant building blocks on the old tennis court, a specially constructed barefoot trail in the parterre and a magical music circle in front of the house. Take part in a family sack race, dress up in the theatre room or enjoy a picnic and some cloud-spotting on the formal lawns. Catch Mrs Candy the cook and the other Victorian staff around the house and garden every Thursday to learn about life in the Victorian country house. Look out for Friday storytelling sessions in the nursery and garden, subject to availability.

Normal admission charges apply/free for National Trust members

No additional event charges

Pot and Paint Workshops with the Victorian Gardener

Subject to availability, every Fri throughout the holidays (7 days in total)

Join William the Victorian gardener for a children's pot and paint workshop every Friday throughout the school holidays. Learn about gardening the Victorian way and discover some of the wonderful plants and trees that grow in the Lanhydrock garden. Decorate your very own terracotta pot and plant seeds ready to grow at home. Please contact the property first to see if the event is scheduled, to avoid disappointment.

Price: £5 (normal admission applies), for ages 4 and up. Booking essential 0344 249 1895.

Pentire, near Polzeath

www.nationaltrust.org.uk/visit/cornwall/pentire

Summer of Play

22 July – 3 September

There's lots of fun to be had this summer at this exceptionally beautiful headland. Have a go at a bean bag toss, hula-hoop-off and balance board. Visitors can enjoy an ice cream from the Pentyr Café or relax at a shady picnic spot in the orchard.

Normal car parking charges apply/free for National Trust members

No additional event charges

Saltram, Plympton

www.nationaltrust.org.uk/visit/devon/saltram

Summer of Play

22 July – 3 September

Start your journey as an Apprentice Artist for Sir Joshua Reynolds this summer, can you complete all the challenges, tasks, and activities inside the sketchbook to progress to become the Master Painter? Try on some historical costumes and take part in some lawn games.

Normal admission charges apply/free for National Trust members
No additional event charges

Trelissick, near Truro

www.nationaltrust.org.uk/visit/cornwall/trelissick

Summer of Play at Trelissick

Daily from 26 Jul. 10am – 4.30pm

Visit Trelissick with your friends and family this summer to take part in the Summer of Play activities including a nature trail around the garden, summer sports, garden games, puzzles and crafts. Have a go at the garden games on the turning circle such as quoits, skittles and boules and venture into the house to view the traditional games that the family used to enjoy playing together at Trelissick. After a day of play relax on a deckchair on the terrace with an ice cream from the kiosk.

Normal admission charges apply/free for National Trust members
No additional event charges

Great Big Green Week Tours

For dates and times please visit the website

To celebrate the Great Big Green Week join us on a tour of the outside of the house and parts of the house that rarely get seen to get an understanding of how our ground source heating has transformed Trelissick.

Price: Free, donations welcome (normal admission applies). Booking not required.

Big Butterfly Count at Trelissick

14 Jul – 6 Aug. 10am – 4.30pm

Help the Butterfly Conservation take nature's pulse by joining the Big Butterfly Count. How many different species will you be able to identify? We'll provide recording sheets for your sightings, and this will help us assess the health of the environment.

Normal admission charges apply/free for National Trust members
No additional event charges

Archery at Trelissick

31 Jul & 7, 14, 18, 21, 25, 28 Aug, 10.30am-12.30pm & 1.30pm-3.30pm

Try your hand at archery at Trelissick this summer. A coach and Trelissick volunteers will be on hand to show you the basics of handling a bow and hitting the target - you'll be scoring bulls-eyes in no time!

Normal admission charges apply/free for National Trust members
No additional event charges

Trengwainton Garden, near Penzance

www.nationaltrust.org.uk/visit/cornwall/trengwainton-garden

Trengwainton's summer of family fun

Daily from Sun 23 Jul. 10am – 5pm

Get set for family fun at Trengwainton with our Summer of play activities. We've lots of fun things for you to do in the orchard and on the Royal Meadow including giant Jenga, tug o' war, loose parts play and design your own story. There's den building in the woods on Sundays, Tuesdays and Thursdays and the annual scarecrow exhibition in the kitchen garden, with a chance for you to vote for your favourite. Alternatively, simply soak up the atmosphere of the winding paths, streams, walled gardens and award-winning plant collection.

Normal admission charges apply/free for National Trust members
No additional event charges

Trerice, near Newquay

www.nationaltrust.org.uk/visit/cornwall/trerice

Summer of Play

Daily from Sat 22 Jul. 10.30am – 4.30pm

Enjoy the outdoors with our summer of play activities at Trerice. Head down to the Mowhay field to have a run around and challenge your family to an obstacle course, get up close with nature amongst the long grass and winding paths, and have a go at some outdoor games.

Normal admission charges apply/free for National Trust members

No additional event charges

Archaeological tour of Trerice

2, 16, 30 Jun, 14 & 28 Jul, 25 Aug. 2.30 – 3.30pm

You can learn about the archaeological and architectural history of Trerice on an hour long guided tour of the gardens. Find out about key features of the property and how they have changed over time, as well as archaeological digs and finds across the whole site.

Normal admission charges apply/free for National Trust members

No additional event charges

Costume Day at Trerice

Every Mon from 24 Jul to 28 Aug. 11am – 3pm

Join in with our volunteers and get the whole family dressed up in Tudor-inspired costumes made by the volunteer costume group here at Trerice. There is something fit for everyone, not just the kids!

Normal admission charges apply/free for National Trust members

No additional event charges

Archery at Trerice

Every Thu from 27 Jul to 31 Aug. 11am – 3pm

Have a go at family archery sessions at Trerice with family-friendly arrow kits and learn about different types of armour and weaponry with Trerice volunteers.

Normal admission charges apply/free for National Trust members

No additional event charges

- ENDS -

Notes to editors

For more information please contact: National Trust SW Press Office
at swcomms@nationaltrust.org.uk

Images: Available to download [here](#). Please credit as indicated and only use in conjunction with this press release.

About the National Trust

The National Trust is a conservation charity founded in 1895 by three people: Octavia Hill, Sir Robert Hunter and Hardwicke Rawnsley, who saw the importance of the nation's heritage and open spaces and wanted to preserve them for everyone to enjoy. Today, across England, Wales and Northern Ireland, we continue to look after places so people and nature can thrive.

The challenges of the coronavirus pandemic have shown this is more important than ever. From finding fresh air and open skies to tracking a bee's flight to a flower; from finding beauty in an exquisite painting or discovering the hidden history of a country house nearby - the places we care for enrich people's lives.

Entirely independent of Government, the National Trust looks after more than 250,000 hectares of countryside, 780 miles of coastline and 500 historic properties, gardens and nature reserves.

The National Trust is for everyone - we were founded for the benefit of the whole nation. We receive on average more than 26.9 million visits each year to the places we care for that have an entry fee, and an estimated 100m visits to the outdoor places that are free of charge.

Paying visitors, together with our 5.6 million members and more than 53,000 volunteers, support our work to care for nature, beauty, history. For everyone, for ever.

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