EAT**DRINK**SLEEP

Sailing in the Bay

by Vicki Norman, for the Cornish Maritime Trust

EATDRINKSLEEP'S SUMMER EXHIBITION AT THE OLD COASTGUARD 27 JUNE – 22 JULY 2024

EAT**DRINK**SLEEP is pleased to announce it is hosting a charity fundraising exhibition of paintings by international award winning artist Vicki Norman. The collection of paintings, featuring traditional boats and coastal scenes, will be on sale from 27th June and run until 22rd July with a percentage of all sales donated to the Cornish Maritime Trust.

Drawn to Penwith by the prospect of sailing and painting the beautiful West Cornish coast, oil painter Vicki Norman moved to historic Gwavas House in Newlyn in 2022 with her partner Mark Branigan. A serendipitous encounter with a skipper for the Cornish Maritime Trust started Vicki on her sailing journey with the local charity who preserve historic wooden boats and the skills needed to sail and maintain them. Finding her sailing time rich with visual inspiration for paintings she soon became the artist in residence for the Cornish Maritime Trust.

This exhibition will combine coastal scenes and skies with studies of the boats and their crew, creating an overall impression of the experience of being a member of the trust. Vicki's painting skills are based firmly on the traditional methods of the Newlyn School painters and she uses them to capture the beautiful boats and glorious Cornish coastal colours in a series of timeless works that bridge past and present.

"One of the best parts of being a trust member is the opportunity to explore West Cornwall from the sea. The net loft studio at our home in Gwavas House was used by the Newlyn School painters as they documented the lives of fishing families back in the 1880's. Using it to record the work of the Cornish Maritime Trust as they maintain the old fishing boats from that same era seems particularly fitting. I am hugely grateful to The Old Coastguard for generously hosting this fundraising exhibition to help with the cost of major repairs to the

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CMT's historically important boats."

More of Vicki Norman's work may be seen at her Gwavas House studio in Newlyn and online at <u>www.vickinormanstudio.com</u> where there are also opportunities to join her for painting holidays and courses.

Meet the Artist: Friday 5th July, 10.30-11.30
Exhibition enquiries: Gillian Cooper 01736 731222
Press enquiries: Philippa Hodson. phillippa.hodson@gmail.com, 07980 444 961

NOTES

Sailing in the Bay by Vicki Norman will raise funds for the Cornish Maritime Trust. It is showing at The Old Coastguard 27 June – 23 July. The Old Coastguard is part of a small group of three establishments trading under the name EAT**DRINK**SLEEP owned by brothers Charles and Edmund Inkin. It is a 14 bedroom hotel located on the edge of Mousehole. Like its sister inn, The Gurnard's Head, it lies yards from the South West Coastal Path. The Felin Fach Griffin, the third in the group, is based just outside Brecon and Hay on Wye. Recent successful exhibitions at The Old Coastguard include the work of Henrietta Graham, Naomi Frears, Paul Armitage and Penny Rumble.

www.oldcoastguardhotel.co.uk

The Old Coastguard is open every day for lunch, supper and sleeping, except 24 and 25 December and for a few days in January.

The Crab Shack is open 10am - sundown daily, weather permitting

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Heading Out



Evening sailing